

# Meramec River Run 2010



Saturday, October 16<sup>th</sup>, 2010

## 5 Mile Run • 10 Mile Run • 2 Mile Family Fun Run/Walk

**Benefiting** African Relief through the non-profit organization of Sheltering Wings

DATE: Saturday, October 16<sup>th</sup>, 2010.

TIMES: Registration will begin at 6:30am. All events begin at 8:00am

WHERE: Along the Meramec River in Fenton, MO.

### REGISTRATION:

<u>Race</u>	<u>Until Midnight September 30th</u>	<u>October 1st until race day</u>
10-mile	\$25	\$30
5-mile	\$20	\$25
2-mile Adult	\$15	\$20
2-mile Child	\$10	\$10

Free online registration  
at Active.com

AWARDS: Awards will be presented to the top 3 overall male and female runners for the 5 and 10 mile races.

PACKET PICK-UP: Friday, October 15<sup>th</sup> 11:00am- 8:00pm at FLEET FEET Fenton. 504 Old Smizer Mill Rd, Fenton, MO - (636) 343-6300. Or on race morning at the [FINISH area](#).

For more information or to volunteer, please call Sharon at 314-852-2115 or email [Sharon@runforafricanrelief.com](mailto:Sharon@runforafricanrelief.com)

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### Meramec River Run for African Relief

Mail form with check made payable to:

**Sheltering Wings**

P.O. Box 29565, St. Louis, MO 63126

**Sorry, No Refunds**

Name \_\_\_\_\_ Payment: **Check**

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Age \_\_\_\_\_  Male  Female

Race Entered:  5 mile run  10 mile run  2 mile family fun run//walk

Waiver of Liability: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages, demands, actions, and causes of actions against Meramec River Run for African Relief, Sheltering Wings, Inc., Fleet Feet Sports, Making Tracks Event Management, The City of Fenton, The St. Louis County Parks Department, their affiliates, subsidiaries, sponsors, officials, representatives, employees, successors and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the competition of this run//walk. Further, I hereby grant full permission for the free use of my name and/or photographs, videotapes, motion pictures, recordings, or any other records of this event for any legitimate purpose.

Signature \_\_\_\_\_ Parent (if under 18) \_\_\_\_\_ Date \_\_\_\_\_